# Meeting 1 agenda: Rounds and agreements

## 1. Announce the meeting time

The meeting will be \_\_\_\_ minutes. (Set the timer.)

#### 2. Read introduction

Sociocracy is a set of tools to help us decide together. In this circle, you get to decide how to [your domain].

Rounds are a way of talking so that everyone is heard. This practice comes from communities of native people all around the world. People take turns holding the talking object. When you have the object, it is your turn to speak. When someone else has the object, it is your turn to listen.

#### 3. Check-in round

How are you doing today?

## 4. Fun question round

Let's practice talking in a circle by taking turns answering a fun question. (Choose one below or make up your own.)

- What did you have for breakfast?
- What superpower would you like to have?
- If you could turn into one animal, what would it be?

## 5. Agreements round

How do you want to be treated in this group? Let's make a list. (Write on a poster during the round.)

#### 6. Check for consent

Does this list of agreements look complete?

- thumbs up for "I like it"
- thumbs sideways for "I'm OK with it" or "I don't have strong feelings about it"
- thumbs down for "objection" or "I see a problem"

# 7. Sign Agreements

## 8. Closing Round

How did today's meeting go?

